

# Dance Team 2020-2021

## Code of Conduct

### PURPOSE:

The Altamont High School Dance Team is to provide students with the opportunity to participate in a school related activities to develop relationships, sportsmanship, and character. Being a member of the Dance Team is a privilege, not a right. As a member, you represent the team, the school, and yourself; the code of conduct set forth should not be deviated from within practice, performances, and in the community. Team members must show determination, dedication, and the desire to be on the team. If members fail to carry out those qualities, further actions may then take place between the athlete and coach.

### CONDUCT RULES:

BE RESPECTFUL AND APPROPRIATE. We expect all team members to uphold this behavior at all times. If member's actions are deemed inappropriate and do not coincide with the team guidelines at any point in the season (Tryouts-final performance), they will be denied participation on the team.

### PRACTICE ETIQUETTE AND BEHAVIOR:

One verbal warning will be given for any unruly behavior in practice. This includes talking, nonparticipation or any behavior disruptive to the team. A dancer will be asked to leave practice in lieu of any other warning. **No cell phones during practice.**

### DEDICATION:

There is a level of commitment required to be a part of the Dance Team. You must have a desired level of commitment not just for yourself, but for your ENTIRE team. Being on this team you depend on all of your other teammates to be at practice consistently and do their part in having the knowledge of their routine. If at any time you are not doing your part as a productive member of this team you will be suspended from the Dance Team.

### PROBLEMS/ISSUES:

We expect everyone representing this team to be positive and uplifting. **If you do have a problem we need to know in order to help resolve the situation.**

### UNIFORMS/PRACTICE ATTIRE:

Dancewear is required at ALL practices. A practice shirt (provided by the team), black bottoms of any kind and proper dance shoes. No jeans. If proper attire is not worn, a warning will be

given. After the second warning you will be sat out of practice to condition! Uniforms must be kept clean and in good repair. Members may not wear jewelry during a performance. This is a team so we need to look like a uniformed team.

### **PERFORMANCES:**

On your performance schedule there will be an arrival time listed and an estimated performance time. Dancers must be in the Library by the ARRIVAL TIME! Dancers must arrive dressed in full uniform, hair and makeup completed specified by the Coach and ready to perform. If the Dancer fails to show up ready at the arrival time, there will be consequences.

### **CHOREOGRAPHY:**

All music/choreography used by the dance team will be appropriate and crowd pleasing. Failure to carry out said choreography will result in suspension or further action. The coach/guest choreographers will come up with the choreography and will determine if it is appropriate or not. At times members will be asked to choreograph, but will be approved by the coaches.

### **LEADERSHIP:**

Returning members will be required to follow the Code of Conduct with no exceptions. Failure to be a leader and following all rules will result in suspension/demotion/removal from the team. All returning members will be held to a higher standard and will be encouraged to step up and take on the leadership role.

### **FUNDRAISERS:**

We try to alleviate cost on the parents by doing fundraisers thus being able to only charge a limited fee to be a team member. In order to do this we need the support of not only the dancers but also the parents to make fundraising a success. It is mandatory that all dancers/parents participate in fundraisers. The purpose and use of funds will be determined by the coach/school.

### **FAMILY/FRIENDS:**

We have a CLOSED DOOR POLICY at ALL practices. It is our experience that students are better focused without the distraction of parents, siblings, and friends.

### **PARENTS/RIDES:**

It is important that rides for dancers are prompt. Students are to be dropped off for practice 10 minutes before practice time. They are to be picked up NO LATER than 10 minutes after practice is over.

### **DISCIPLINARY ACTION:**

Failure to follow the Altamont High School Dance Team Code of Conduct may result in, but is not limited to the following actions: Sitting out a practice, performance or fundraiser-Suspension/Probation from team -Removal from team

### **ATTENDANCE:**

Only the reasons listed below are excused from any practice or activity.

- 1.) Personal illness
- 2.) Funeral
- 3.) Special school activity - Must be *discussed* and *approved* by the coach *in advance*
- 4.) Vacation - with parent's note ahead of time.
  - Please note that even an excused absence could cost you a performance depending on the date and length of the absence. A team member who is excused from a practice or event will not be permitted to perform with the team until he/she knows the routine to the coach's satisfaction.
  - A Dancer CANNOT miss more than 4 practices throughout the year (use them wisely)!
  - **It is required that each dancer and a parent/guardian be present for all parent meetings.**
  - If a member knows in advance that they will be late or will be missing a practice/performance, they are to advise the coach immediately. Team members must be present at every mandatory practice for the entire practice time in order to be eligible to participate in upcoming events.
  - If you miss a practice you must make up the material you missed **BEFORE** the next practice. **IT IS YOUR RESPONSIBILITY TO CATCH UP!** We will not hold up practice to catch you up on material missed. Unfortunately, when you miss a practice, it affects the rest of the team more than it affects you because they are the ones who have to go back and relearn/refix the things you missed.

### **NON-PERFORMERS:**

The following reasons determine whether or not a dancer will be allowed to perform. There will be NO exceptions to these factors, so please read carefully.

- Lack of knowledge of a routine.
- Lack of ability to perform at required skill level for said routine.
- Attitude not promoting teamwork/sportsmanship.
- Lack of dedication/commitment being shown toward the Dance Team.
- Lack of improvement shown over time in a given routine.
- Disregard for the code of conduct and the rules and guidelines governing this organization.
- Absences the week prior to a performance.

- Tardiness is also a factor. Missing more than the allotted 4 practices.
- Gossiping, instigating turmoil, or in any way causing conflict among members on the Dance Team.
- Not being grade eligible.
- Dancer's that are on suspension/probation.
- Not being in proper uniform to perform and performance ready by the arrival time listed on the performance sheet.
- Not being in attendance for required parent meetings/information sessions.
- A dancer will not be allowed to practice/perform if an injury occurs for which that dancer is unable to perform at their normal level.
- Dancers will not be allowed to participate until written clearance is obtained from a doctor.

### **Estimated Cost Breakdown:**

\*\*\* Cost is subject to change\*\*\*

<b>Item</b>	<b>Quantity</b>	<b>Cost</b>
Performance pants	1	\$30
Performance Shorts	1	\$20
Tights	2	\$15 each
Personalized Jersey	1	\$30
Bodysuit	1	\$20
Turners	2	\$20 each
<b>Total</b>		<b>\$170</b>

**\*\*\*All members are required to attend all dance functions whether they are dancing or not.\*\*\***

### **Bottom Line:**

If a dancer works hard, comes to practice, behaves themselves and achieves the performance level required, THEY WILL DANCE.

**PLEASE KEEP A COPY OF THE CODE OF CONDUCT  
FOR YOUR RECORDS AND TURN IN THE  
FOLLOWING SIGNATURE PAGE**

Team Member's Name \_\_\_\_\_ I, the parent/guardian of the name above, have read the Altamont High School Dance Team Code of Conduct and understand all of the requirements in order for my dancer to continue team participation as well as the ramifications if this contract is broken. I fully comply with all rules and regulations within this Dance Team Code of Conduct. I also realize this is a team effort and I may be called upon to help in some way throughout the year with things that are within my capacity to help. I will make every effort to do my share of assisting on behalf of my daughter. I understand I am required to be present for parent meetings or have someone present on my behalf.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

As a member of the Altamont High School Dance Team, I have fully read the Code of Conduct and understand what is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I will do all I can to uphold the honor and tradition of the ACHS Dance Team and respect my team members, school, and coaches at all times. I understand that my Character matters.

Should I, \_\_\_\_\_ (Dancer's name) choose to participate in another sport during the dance season, I will notify the coach of the Dance Team and the coach of the sport I have signed up for. An agreement must be reached by both coaches, my parents and I, acknowledging that there is dual participation, and that any conflicts in practice times or events must be discussed with all parties involved - resolution agreed upon in writing or I understand that suspension from the Dance Team will be deemed necessary. If I am selected to compete with the Dance Team I understand that there will be no exceptions made and I MUST be present for ALL practices in their entirety in the few weeks leading up to a performance/event.

\_\_\_\_\_  
Dance Team Member Signature

\_\_\_\_\_  
Date